North Lake College



Chapter of the Year Award

Small Acts, Transforms the World.

Blazers on Top, No Sleep Never Stop.

North Lake College

Dallas County Community College District
TJCSGA Region II
2018-2019

The North Lake College Student Government Association was created to represent, communicate with, act upon, ensure student rights and needs, concerns, and social well-being to the college administration as well as the District offices in order to make a difference and build a stronger educational institution and community." Verifiably, this statement of purpose for the Student Government Association (SGA) of North Lake College is also written prominently on our social media accounts, the college website, and organization brochures around campus to ensure that the goals of the chapter at North Lake College are not forgotten and continue to be upheld. SGA does everything in its power to follow that statement to the core. Everything done is to build a stronger community, a better campus, and to assist students at our college with no limitations.

This year among previous years, North Lake SGA has been extremely productive. From participating in community events to getting involved in service projects, delegates and officers have volunteered both on and off campus for local organizations and advocated for students and student clubs and organizations on campus. One of the community events that the Student Government Association at North Lake College had was the collaboration with "Truth Organization" for a Silent March. Truth is an organization that campaigns against smoking and urges people to stay away from tobacco. Three SGA officers were part of Truth, and they collectively decided to partner with Truth. The Silent March was when students walked silently around the college campus, in memory of lives lost from smoking tobacco. This march took place on October 29th at North Lake College Central Campus around the lake. The march was an eye-opener for SGA because we realized that many of our students were unaware of the severe

dangers of smoking. We reached our goal of recruiting nearly 200 students from North Lake College to join Truth and promised to quit smoking.

We also had another collaboration with Truth Organization which was tagged "the Death March" in which we created awareness signs in smoking designating areas to influence people to quit smoking. SGA members dressed in zombie costumes with their face painted and wore bandanas on their head while wearing the Truth shirt. This march was in honor of smokers who haven't heard about Truth. It was an exaggerated example of what the effects of smoking leads smokers to look like. Pamphlets were given to students inviting them to the workshop on smoking. At this workshop, there was a guest speaker who came to discuss the effects of smoking and how it is has affected their lives. Their speech was so extemporaneous that many students in attendance signed a petition to support the cause.

Moreover, we marked the 27th annual Trinity Trash Bash. This was part of Keep Irving Beautiful (KIB) and was held on September 29th, 2018. We converge people from around the city to volunteer with us. They helped with clean up and moderation of the project. Some of the volunteer tasks for the Student Government Association were to hand out T-shirts, pick up trash and help with clean-up efforts. Upon getting to the venue, canned goods were donated by each student and t-shirts were given in reciprocation. After the event, SGA continued to volunteer by helping retrieve the equipment used during the event and loaded them into the Keep Irving Beautiful van. After the trash was picked up, it was taken to the dumpster. The Trinity Trash Bash is an annual SGA project; we used this opportunity to give back to our community in Keeping Irving Beautiful. The Trinity Trash Bash helped establish the Student Government Association's presence as an active organization beyond just North Lake.

Furthermore, the Student Government Association also collaborated with the "Green Club" for RecycleMania and Sustainability. RecycleMania is a friendly competition among colleges and universities in the United States sponsored by "Keep America Beautiful". The national competition provides the campus community with a fun way to reduce waste, reuse items, and recycle materials. North Lake College has won the award approximately nine out of ten times. North Lake College was the national winner of the RecycleMania 2008, through 2011 and then again 2015 through 2017. In 2016 and 2017, North Lake College was also awarded for the Campus Engagement Case Study Competition.

Additionally, "Destination" was also an event from North Lake College in which Irving High School students interested in attending college were invited to the North Lake College Central Campus for orientations to helped them have an easier transition into college. High school students were given more information about attending community college, how to get involved on campus, and how to register for classes. Also, members of the Student Government Association volunteered at this event to escort students, assist faculty and administration, and help at information tables. SGA also gave information encouraging potential students to register for classes and get involved on campus and within their community.

Another project we took part in was "The Cycle Around the Lake event" which was created to spread awareness and prevent suicide around the world. This event is held annually at North Lake College with the Student Government Association helping as volunteers to set up the event and guide students to the main area. Faculty, students, and community members were invited to walk, run, and cycle around the lake that is the namesake of North Lake College. Participants could circle the lake for as many times as they wished and after they were done,

SGA, along with the Counseling Department, distributed brochures and handouts with more information about how to prevent suicide. A short quiz was also given to participants about the warning signs of suicide, how to recognize the signs, how it could be prevented and were given suicide prevention agency numbers. Once participants passed the quiz, a certificate of attendance was given with the statement, "Take a Minute, Change a Life." This motto on the certificate was used to remind students that with simply one minute, anyone can have a lasting impact on someone else's life.

In addition, the Peer-to-Peer Mentor Training Program was also established as a result of a need for improved mental health awareness for students on campus. Many students feel uneasy contacting a counselor or faculty member. So, the Peer-to-Peer program sought to make students feel more comfortable in sharing their thoughts and feelings with classmates and friends.

Training was given by the Counseling Department to provide knowledge about preventing stressful, depressed, and suicidal incidents in college students. SGA promoted this program so students on campus could volunteer to become "gatekeepers" or someone who is available to listen to other students' issues and difficulties. The Mentor Training Program also involved other clubs and organizations on campus, such as students from the Phi Theta Kappa Honor Society, the Psi Beta Honor Society, the Student Government Association, and the Blazers Orientation Team. Many students from these organizations have become trained gatekeepers to provide support to all students on campus. The Student Government Association is dedicated to continuing this program and improve the overall well-being of the student body; to eliminate the stigmas associated with reaching out for help.

Moving forward, we held orientation tables with the purpose of introducing students to the campus and helped them become involved within clubs. The Student Government Association works to make new students feel as comfortable and excited as possible to begin their community college experience. SGA served as a guide to new students; if students appeared lost on campus or cannot find their class, a member would help them. The orientation table also educated the students about the campus, giving them information about the laws and regulations that students, must follow on campus. Orientation tables served as the starting point for North Lake College students, and the Student Government Association is committed to making this initial point of contact a long-lasting positive experience.

At the beginning of each semester, college bookstores around the country overflow with students trying to get their textbooks. The North Lake College bookstore is no exception. The bookstore reached out to the Student Government Association along with Phi Theta Kappa for help. SGA officers and delegates volunteered at the bookstore, helping new and returning students find their textbooks, stocking shelves, and served as substitute cashiers. Through this experience, officers and delegates were able to connect with more students and gather their feedback on their experiences as new college students. This also increased the chances for promoting SGA and recruiting new members.

At the beginning of the semester, officers agreed to attend the Student Leadership

Institute class (SLI) to learn more about leadership. In addition to officers, the majority of SGA delegates participated in the class as well. Since a few officers were already taking this class, they were able to give insight to delegates who were new to the class. As the semester went by,

The newly selected officers and chairs had the opportunity to go to the SLI Retreat at Lake

Texoma. Delegates learned more about leadership and how to be a better listener; an open leader with a great attitude.

Furthermore, Not only does SGA focus at the local level, but it also works hard at the regional level and state level. The chapter has a great involvement in Region II and even the state level. This includes a North Lake College student holding the President position for the state level. The President has been integral in student outreach to all of the campuses involved in the state, as well as ensuring that the other officers on the executive board were maintaining their tasks. The North Lake Student Government Association also holds various seats in the Region II committees, such as; Chairman, Co-chairmen, Co-Chairman for the Awards Committee, Parliamentarian and of course, President for State. SGA also had the most student attendees at the Region II conference. The Co-chair of the Awards Committee assisted in the creation of Region II Awards Competition Guidelines, which would be utilized by all of the campuses in Region II for the 2018-2019 term.

During the summer of 2018, the colleges in the Dallas County Community College

District (DCCCD) gathered upcoming student leaders and took them to a retreat to gain more knowledge on leadership. To be the best officers they can be, the SGA executive board spent three days learning about servant leadership, delegating tasks, Robert's Rules, and bonding together as a team. This gave the SGA officers a chance to learn how to be more effective leaders and gain more confidence in what they signed up for. During the retreat, officers were able to talk with the delegates from North Lake College, other DCCCD colleges, and the officers from other colleges. The entire experience was an great asset for the officer team as it was the beginning of their officer run.

In addition, the State Fair of Texas parade is an annual event which marks the opening of the State Fair. The festive processions consist of colorful floats, bands and students from different schools and colleges around the district. North Lake College volunteered to be in the parade along with the other Dallas County Schools to represent the district. The students who volunteered were members and officers from the Student Government Association, and the parade was successful in increasing the spirit of the state fair. It also illustrated the Dallas County Community Colleges and the thousands of students who attend.

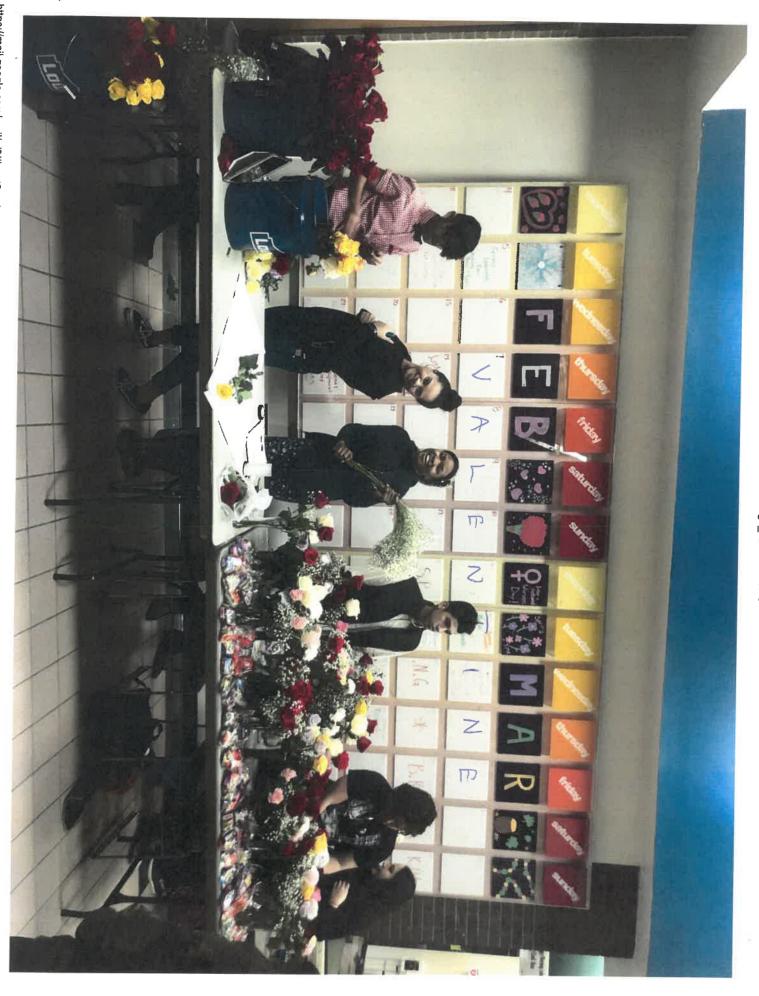
Sequentially, the North Lake College Student Government Association is proud to represent our Mission Statement. Every activity or event SGA does is for the benefit of the campus, community and most importantly, the students: Whether it's an organization facing issues with an advisor, volunteering for a local charity, or helping a student find their way to a classroom, every action SGA takes, counts. As servant leaders, the Student Government Association delegates and officers strive to do the right thing and to help every time. The North Lake College Student Government Association will continue to break barriers wherever possible and make sure every voice on campus is heard.

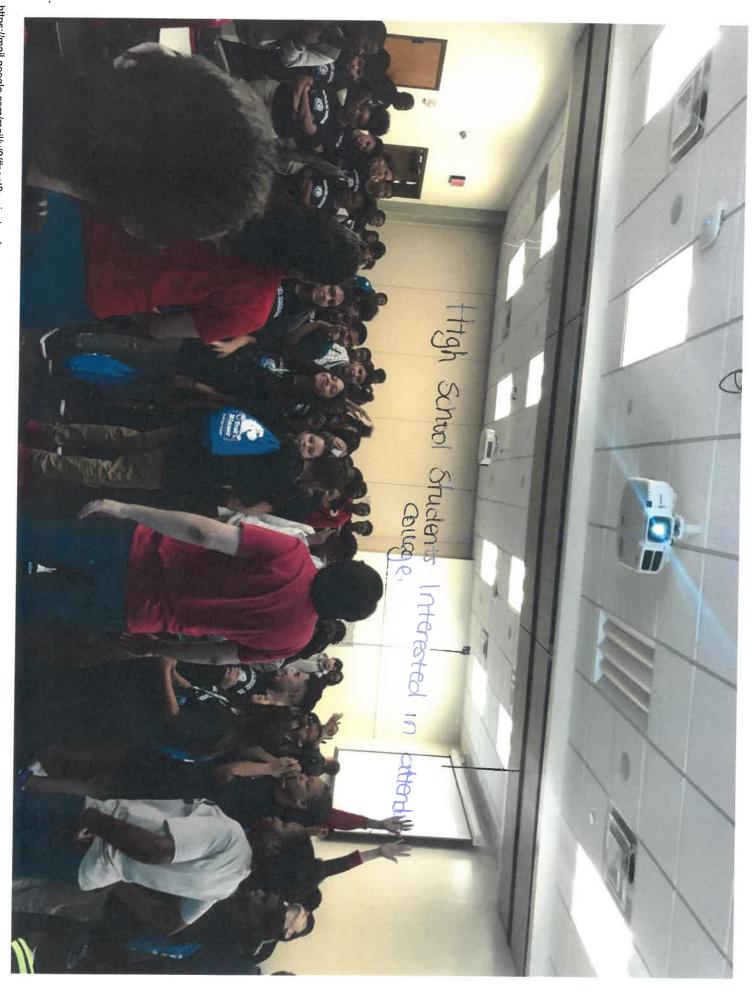
Ultimately, the Student Government Association worked throughout the year to reduce the use of tobacco. SGA allowed students the opportunity to address issues they felt needed attention while giving back to the community. We help students join clubs, and organizations on campus. We also make them get involved in community services and advancement. As Leo Buscaglia states, "May I Suggest that giving back to the community is creating joy for others, sharing what we have for the betterment of others, bringing hope to the lost and love to the lonely." The Student Government Association at North Lake College takes the belief that our

purpose is to be leaders, and everyone's voice should be heard with no limitation and without fear.









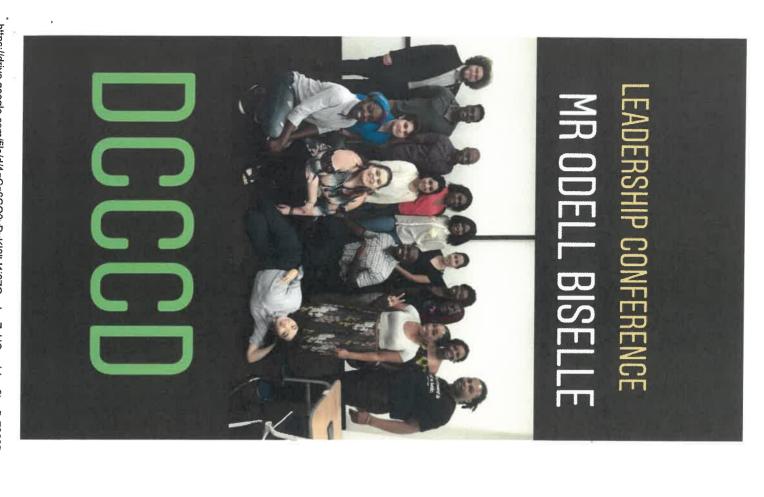
SGA Officers and delegans / orientation team leaders at the state four.







Student leadership Institute (SLI) 3 days retreat.



Leadership Conference.







